

Spring 2012

Dear Friend,

We understand that the hard economic times continue for many. Yet, we are hopeful you will help us with an urgent need. Every day we receive requests for counseling for those who are unable to find a way out of serious emotional problems, many of whom cannot afford to pay for our services.

At Counseling Care and Services we are helping to make a difference.

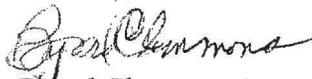
Our licensed counselors:

- * Offer psychotherapy to individuals 6-76+years of age who suffer from emotional and mental conditions. They often go untreated because of the lack of money or insufficient insurance.
- * Provide individual and family therapy using the latest and most effective treatment methods.
- * Treat children in our Play Therapy Center, which is an environment that optimizes their treatment and healing.
- * Assist people in all kinds of circumstances, from our 14 surrounding communities, in alleviating emotional pain and achieving a better quality of life.

Nearly one in four Americans, 18 and older, suffers from a mental disorder. Mental illness affects most of our families. It is the leading cause of disability. As I write this letter to you, throughout our community, innocent people are suffering from mental conditions, abuse, loss, emotional pain or conflict.

We need your help. Even a gift of \$25 will make a difference to those who need our services. Please send the most generous gift that you can today. Counseling that is made possible by your tax-deductible donation, will really make a difference and better someone's life. We can not do it without you. Thank you so much for your concern and help.

Sincerely,



Byard Clemmons
President

Board of Directors

Elizabeth Chura - Secretary

Linda Cotch - Treasurer

Sebastian Huemer

The Rev. Gerry Clemmons

P.S. While even \$10 will help, gifts of \$25, \$50, or more are needed and greatly appreciated.

Counseling Care & Services, Inc.

405 Vliet Blvd., COHOES, N.Y. 12047

Name _____

Address _____

City _____ State _____ Zip _____

Enclosed please find my gift of \$ _____ to help
Counseling Care and Services provide care for those
in need. *Gifts of \$100 or more are recognized on our
Care Fund Wall Plaque*

This gift is made In Memory Of In Honor Of

Care Fund Gifts

Your special gift can help a child or
family receive counseling help:

\$65 = a one hour
counseling session

Please make checks payable to
Counseling Care and Services

Your gift is tax-deductible to the full extent of the law.